



THE
CLARENDON ROYAL
COMMUNITY
1843

Our Services

A community where extra care living, respite accommodation, a range of activities and the option for care provision are brought together to create the perfect retirement solution for adults aged over 55 - all under one roof.



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By combining exceptional care, enriching activities, and a welcoming community atmosphere, Age UK Kent Rivers and the Clarendon Royal Community strive to create an environment where older adults can thrive and form meaningful connections.

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About Us



The Clarendon Royal Community combines extra care living, respite accommodation and a range of day time and evening activities and events, to create the perfect retirement solution for forward-thinkers looking to downsize and secure their accommodation alongside care provision which can track their changing needs – all under one roof.

The services are provided by professional and highly trained staff at Age UK Kent Rivers – a trusted brand which will help you retain your independence and support you during the next chapter of your life.

At Age UK Kent Rivers we believe access to a thriving social community, and to everything an individual might need, are key components to positive ageing. The Clarendon Royal Community can offer both these in abundance, in a refined setting that transcends the conventional boundaries of senior living.

Age UK Kent Rivers is passionate about honouring the history and name of the building, and will continue to embody the heart of the Clarendon Royal Hotel throughout its transformation to a thriving community hub. The Restaurant, Admiral’s Bar and Café will remain open to the public, ensuring the local community can continue to enjoy the superb dining experience and à la carte cuisine on offer.



Integrated Living for Over 55's

The Clarendon Royal Community provides the opportunity for individuals aged 55 and over* to secure luxury accommodation, alongside care provision which can track their changing needs, all under one roof and provider.

Accommodation

We have a selection of one and two bedroom independent apartments to rent, to suit a variety of needs. Each apartment has an en-suite and separate bathroom, an open-plan kitchen and a separate living/dining area, with adaptations to suit your needs available upon assessment.

Community Environment

All apartments benefit from the onsite facilities and controlled access, front-of-house concierge services and care staff on-site to suit individual needs. A varied programme of wellness-focussed activities will be available each day to on-site and local community residents, hosted from the

comfort of the ground floor function room.

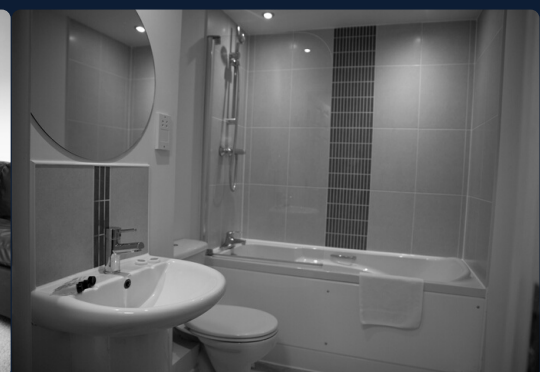
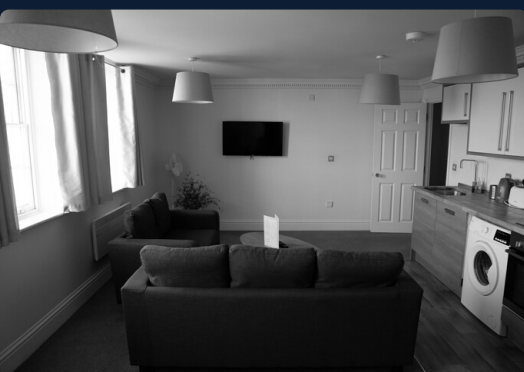
In-House Services

Residents will have access to a range of in-house services and activities, each designed to meet the personal needs of Clarendon Royal Community residents, and many of which are included in the service charge. All will provide support to maintain independence and enhance quality of life, consisting of the following:

-  Personal Care & Support Services
-  Community Activity Hub
-  Footcare
-  Restaurant and Cafe
-  Room Service

Pricing

Rent prices vary depending on which apartment is occupied. A communal and wellbeing service charge applies to cover maintenance, repairs and 5 meals per week. Personal Care is charged at an hourly rate and will vary depending on need.



Short-Term Respite Accommodation

The Clarendon Royal Community has a selection of short-stay rooms available, offering accommodation and respite where needed in varying circumstances:

Step-down Rehabilitation

Facilitating discharge from primary care and effective assessment of care needs in order to provide rehabilitation to hospital patients* to regain their independence before returning home.

Respite Beds

Offering short respite stays for people aged over 55*, and for people with learning disabilities aged over 18*, allowing them to receive full care services and food provision on a short-term basis.

Guest Accommodation

Providing overnight accommodation for visiting relatives and guests of permanent residents. All stylishly decorated rooms come with private bathroom, towels, toiletries and hairdryer. Each has tea and coffee-making facilities, flat-screen TV, free WiFi and a safety deposit box, with the option of a room with superb views out over the River Thames.







*All residential placement / accommodation referrals are subject to a risk assessment



Community Activity Hub

The Community Activity Hub is a place where individuals can participate in a range of engaging activities designed to promote personal growth and foster connections. From exercise classes and themed events to music sessions, quizzes, and arts and crafts, there's something for everyone to enjoy.

Our Activity Co-ordinator is here to support you in achieving your goals. Residents have full access to the Hub, while non-resident older individuals can join for a small daily fee. Embrace the spirit of camaraderie and creativity at the Community Activity Hub as individuals embark on a fulfilling journey of enrichment, including activities such as but not limited to:

-  Fun and inclusive exercise classes
-  Themed event days and lunches
-  Singing, music and reminiscence
-  Professional entertainment
-  Quizzes, games & Bingo
-  Arts & Crafts

The Community Activity Hub is not a direct care service and transport is not included. To find out more, including the prices of activities and events, please refer to the contact details shown on the back page.



In-House Bar, Café and Restaurant

The Clarendon Royal Community has a choice of three superb dining venues on-site. These are available to the public as well as CRC residents, and provide the perfect place to unwind, enjoy an exquisite meal, socialise with friends and meet new people.

The Admiral's Bar & Social Café

Whether you're stopping by for a quick coffee, snack or a meal, the Bar and Social Café has it all. The bar menu has a variety of favourites to choose from, including Fish & Chips on a Friday, and a traditional Sunday Roast. There are also live singers on occasion, to serenade you whilst you eat.

Waterfront Dining & Beer Garden

The perfect spot to enjoy a drink, snack or meal outside in a spacious beer garden overlooking the River Thames, with a spectacular view of the sunset in the evening.

The Heart of the Ocean Restaurant











This small and exclusive fine-dining restaurant is where our Head Chef and his team get to show off their exceptional skills. Here, the freshest of ingredients are skilfully crafted into exquisite modern European cuisine, with an Asian influence.



Chatty Chums Lunch Club

Chatty Chums Lunch Club is run from the Admiral's Bar at the Clarendon Royal Community on Mondays, Wednesdays and Fridays 11am-2pm and offers companionship, fun activities and lunch to older people living in North West Kent.

On-site residents can choose to take one of the included meals in their service charge during the club times, providing them with the chance to meet new people and make new friends, whilst enjoying a host of wellbeing services and activities, including:

-  Arts and Crafts
-  Knit and Natter
-  Seated exercise classes
-  Postural stability classes
-  Themed event and party days
-  Companionship
-  Singing and music
-  Quizzes, games & Bingo
-  Professional entertainment
-  Gardening such as plant potting



In-House Meal Deliveries



Residents of our Integrated Living apartments will enjoy 5 meals per week as part of their package, which they can choose to eat in the communal restaurant or have delivered to their rooms.

The Meal Deliveries team can also provide a freshly-prepared, nutritious two-course lunch for any day of the week, to be enjoyed in the privacy of your home.

We cater to all dietary requirements, and use locally sourced ingredients to prepare traditional and wholesome meals.

All meals come with a delicious dessert and the option of a Snack Pack for later, which includes:

- A homemade sandwich
- A packet of crisps
- A sweet treat
- A carton of juice








The Meal Delivery service is also available to older people living in their homes in Dartford, Gravesham, Swanley and surrounding areas.

In-House Personal Care & Living Support

Residents of the Clarendon Royal Community will have access to around-the-clock care to meet their individual personal needs, as they develop, with all support provided by Age UK Kent Rivers' professional and highly-trained team of carers.

A comprehensive range of personal care is on offer, provided in the comfort of your own home, where one of our carers will visit an agreed time. This service is charged for at an hourly rate.

According to your own needs, we can help you with:

-  Getting in and out of bed
-  Eating/drinking at meal times
-  Bathing and washing
-  Going to the toilet
-  Check calls
-  Medication prompt
-  All personal care needs




Extra Care Residents will also have access to In-House Living Support Services, including:

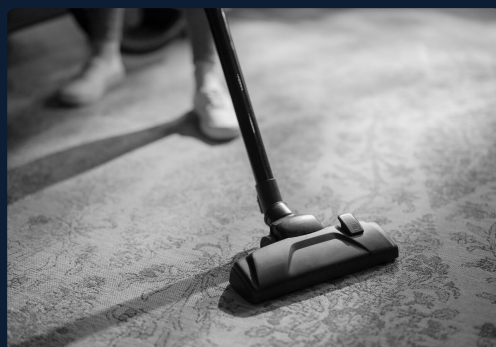
Shopping

We can support Extra Care residents with their shopping, whether you need some one-to-one assistance with getting around the shops, or would like your shopping collected on your behalf and delivered to your apartment.

Domestic Service

We can support Extra Care residents with day-to-day domestic tasks in their apartments, including:

-  Hoovering
-  Dusting of surfaces
-  Mopping floors
-  Organising light clutter
-  Emptying bins
-  Cleaning of main living spaces
-  Watering plants and flowers



In-House Footcare

As an Extra Care Resident, you will have access to an on-site basic footcare service operated by Age UK Kent Rivers, in the comfort of your own apartment.

Our friendly and professional staff will provide safe and simple footcare procedures to help you remain comfortable and prevent any future problems with your feet. Our team can help with:

- ✂ Cutting and filing toe and fingernails
- 🧴 Smoothing and moisturising rough and dry skin
- 👣 Checking for cracks, breaks and inflammation in skin
- 🛡️ Looking for signs of infection and signposting to professional advice
- 👟 Choosing suitable socks and footwear

Footcare appointment prices vary depending on whether it is for a single person or a couple, and

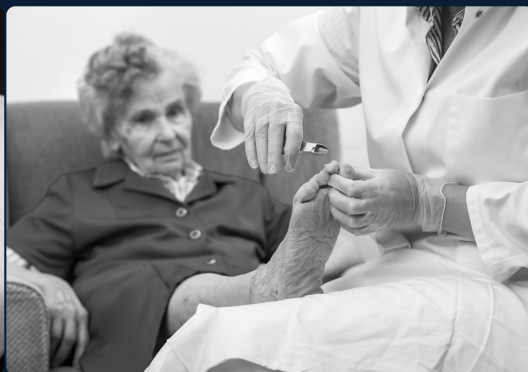
whether it is for toenails or toe and fingernails.

Included in your first appointment will be a charge for your own nail cutting kit, which is required for hygiene purposes and will be kept in your home for use at each appointment.

Appointments last approximately 30 minutes, and include the following:

- ✓ Fully trained, professional staff
- ✓ Care Quality Commission standards
- ✓ Safe and simple procedures
- ✓ Highest standards of hygiene
- ✓ Safe removal and disposal of waste
- ✓ Covid-19 trained staff

The Footcare service is also available to older people living in their homes in Dartford, Gravesham, Swanley and surrounding areas.



Accreditations & Enquiries

Age UK Kent Rivers is extremely proud of the creation of the Clarendon Royal Community and the opportunities it brings to the older people in the Gravesham area and beyond, at a time when more increased options for housing in later life, and high-quality care in the charity sector, are so greatly needed.

Rated 'Good' by CQC


As a care provider we are inspected by the Care Quality Commission (CQC). Age UK Kent Rivers is currently rated as 'Good' by Care Quality Commission (CQC). The inspection found us to be fully compliant in the essential standards of quality and safety.

Age UK Quality Standard

Age UK Kent Rivers is also assessed according to the Age UK Charity Quality Standard and are certified by SGS as a quality brand partner.


Contact Us

If you would like more information about our services at The Clarendon Royal Community including Integrated Living (Extra Care), Short-Term Respite, Social Clubs or Bar and Restaurant Enquiries:

 +44 (0)1474 362221

 info@clarendonroyalcommunity.co.uk

If you would like more information about our community services in Dartford, Gravesham and Swanley including Meal Deliveries, Chatty Chums Club and Footcare Services:

 +44 (0)1474 564898

 enquiries@ageukmedway.org.uk

For anything else, such as press enquiries, please call our Head Office on 01634 572616 or email enquiries@ageukmedway.org.uk



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